NEW HORIZONS SAMPLE WEEKLY ACTIVITIES

Recurring Activities:
- Monthly Birthday Party with Live Music
- Daily Coffee/Tea Service
- Trips to the Theater
- Book Club
- Monthly Resident Meeting
- Out to Lunch
- Musical Performances
- Caring Canines Pet Visits
- Presentations: Cultural, Informational, and Wellness

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 TV Mass</td>
<td><strong>Sandy the Barber</strong></td>
<td>Joe's Hair Salon</td>
<td>Joe's Hair Salon</td>
<td>9:00 Exercise</td>
<td>9:00 Yoga</td>
<td>9:00 Exercise</td>
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<tr>
<td>9:00 Religious Services</td>
<td>Exercise</td>
<td>9:00 Exercise</td>
<td>9:00 Exercise</td>
<td>9:30 TV Mass</td>
<td>10:00 Bowling</td>
<td>10:00 Exercise</td>
</tr>
<tr>
<td>9:30 Church Bus</td>
<td>9:45 Shopping</td>
<td>9:00 On-Site Banking</td>
<td>9:45 Shopping</td>
<td>9:45 Shopping</td>
<td>10:45 Golf</td>
<td>10:30 Wii Bowling</td>
</tr>
<tr>
<td>1:30 Out for a Ride</td>
<td>UNO/Dominos</td>
<td>9:45 Blackjack</td>
<td>11:00 Quiddler</td>
<td>9:45 Coffee &amp;</td>
<td>11:15 Bingo</td>
<td>1:15 Bingo</td>
</tr>
<tr>
<td>2:00 Movie</td>
<td>10:00 Rosary</td>
<td>11:00 Nail Salon</td>
<td>11:00 Quiddler</td>
<td>Conversation</td>
<td>11:00 SCAT</td>
<td>1:15 Bingo</td>
</tr>
<tr>
<td>3:00 Social Hour</td>
<td>12:15 Jeopardy</td>
<td>12:15 Hangman</td>
<td>11:30 Out to Lunch</td>
<td>10:30 Games</td>
<td>11:00 Internet/Email</td>
<td>1:15 Out for a Ride</td>
</tr>
<tr>
<td>6:30 Movie</td>
<td>1:30 Wii Bowling</td>
<td>1:15 Bingo</td>
<td>1:15 Bingo</td>
<td>2:30 Live Music</td>
<td>12:15 Trivia</td>
<td>2:30 Movie</td>
</tr>
<tr>
<td></td>
<td>1:45 Bingo</td>
<td>2:30 Bocce</td>
<td>3:30 Crosswords</td>
<td>3:30 Christian</td>
<td>1:15 Bingo</td>
<td>3:00 Social Hour</td>
</tr>
<tr>
<td></td>
<td>3:00 Scrabble</td>
<td>6:30 Needlework</td>
<td>6:30 Needlework</td>
<td>Worship</td>
<td>2:30 Texas Hold'em</td>
<td>6:30 Movie</td>
</tr>
<tr>
<td></td>
<td>3:00 Enjoyment of the arts</td>
<td>3:00 Crosswords</td>
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<tr>
<td>6:30 Movie</td>
<td>6:30 Bingo</td>
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NEW HORIZONS
This is home!