



Independent and Assisted Living in Woburn, MA



NEW RESIDENTS



Pam Amidon, Suite 274, was born and raised in Simsbury, CT. Upon high school graduation, she attended University of Vermont, where she achieved a degree in Political Science. After her marriage, Pam moved to Townsend, MA, and continued her education at Lowell State to become a schoolteacher. This mother of two children has traveled extensively, citing Vietnam, Cambodia, and Russia as her favorite destinations. Pam describes herself as a music lover of all genres and an avid reader of historical fiction.

Sarah "Sally" Cavanaugh, Suite 386, joins us from her condominium in Wakefield. She was born in Stoneham, grew up in Leominster, and graduated with a degree in education from University of Vermont. Sally has lived in such places as Durham, NH; Providence, RI; Cleveland, OH; and Marblehead, MA. Her travels have taken her throughout New England and the southern states, as well as on riverboat cruises in Europe. A mother of three, grandmother of five, and great-grandmother of five, Sally enjoys spending time with her family, reading non-fiction books, and birdwatching.



Bill Locke, Suite 284, was born in Boston and raised in Somerville, and he attended the former North Cambridge Catholic High School. During the time he was raising his daughter and two sons, they made their home in Arlington. He is now the proud grandfather of two. Bill worked in the telecommunications industry for many years. An avid sports fan, he also enjoys reading a good book and watching the History Channel in his spare time.

WHAT A REUNION: We mention above that both **Pam** and

Sally attended University of Vermont. It turns out that they graduated the same year, and, after chatting for a few minutes, they realized they were sorority sisters back in the day!



STAFF APPRECIATION FUND: Each December, all New Horizons staff—except the four-member management team and the executive chef—benefit from the **Staff Appreciation Fund**.

We are most thankful for the generosity shown by so many residents and families who have contributed already. Those still wishing to give may drop off contributions at the Front Desk. Your holiday gift to this fund is the only occasion when any New Horizons staff member may receive a gratuity and will truly brighten the season for our dedicated team.

Resident Photo Album



Residents enjoyed dressing in costume for Halloween. Pictured above (l to r) are **Ray Pothier**, **Lucile Cashin**, **Ed Hatch**, and **Len Karoll**. Below (l to r) are the self-named "Pigs in a Blanket," **Pauline Foley**, **Helen Carter**, **Eunice Heitz**, **Nancy Brucklier**, and **Dot Mueller**; and the "Roaring 20's Gang," **Joanne Cuzzo**, **Charlotte Gatewood**, **Jean McElinney**, **Helen Sheeran**, **Jane Robinson**, and **Tricia Kane**.



At this year's **Annual Veterans Recognition Program**, we were delighted to honor 20 of our very own who proudly served in the Army,

Navy, Air Force, and Coast Guard. Special guests included Woburn's mayor, **Michael Concannon**, and director of veterans services, **Bob Davis**, who presented each veteran with a citation. Third-graders from St. Charles School charmed us with a beautiful medley of military songs and an all-sing rendition of "God Bless America."

Pictured above standing (l to r): **Mayor Michael Concannon, Jim Sheppard, Peter Gailis, Pat Lavelle, Phil Pollard, Charlie Gazzara, Harry Danis, Ron Simonds, Elmer Maxwell, George Sacco, Mike Mullarkey, Director Bob Davis, and Nick Raftopolous**; and seated (l to r) **Len Karoll, Leon Bernstein, Charlotte Gatewood, Peggy Pellegrino, Louis Antonucci, Dick Taylor, and Ed Hatch**. Not pictured are **Paul Barrett and Bill Staples**.

Save the Date

- Thursday, December 5 – Cub Scout Carolers
- Sunday, December 8 – Girl Scout Carolers
- Thursday, December 12 – Music by the **Merry Minstrels**
- Friday, December 13 – Christmas music by **Mark Tavenner**
- Thursday, December 19 – Door-to-door caroling
- Sunday, December 31 – New Year's champagne toast with music

To residents, families, and staff: We wish you a very happy holiday season. May you celebrate with love in your heart, prosperous visions in your mind, and gratitude in your being.

HAPPY HOLIDAYS



HANUKKAH:

The eight-day Festival of Lights begins at sundown on **Wednesday, December 25.**



CHRISTMAS:

Christmas Day observes the birth of Jesus Christ and takes place **Wednesday, December 25.**



KWANZAA:

The seven-day interfaith celebration of African and African American culture

begins **Thursday, December 26.**



BODHI DAY:

The commemoration of the day Buddha achieved enlightenment takes

place **Sunday, December 8.**



Visit the [New Horizons at Choate](#) Facebook page to see photos and updates from our community!