



Independent and Assisted Living in Woburn, MA



NEW RESIDENTS: **Helen Bougoulas, Suite 385**, was born in Greece and came to America as a young child. She attended school in Watertown, where she ultimately raised her three sons and two daughters. The mother of five also worked as a bookkeeper at the Hilltop Steak House (formerly on Route 1 in Saugus), Maison Robert in Boston, and Lannos in Watertown. Helen's wide range of interests includes rooting for the New England Patriots, knitting, competing in such games as Bingo and Scattegories, and playing Solitaire on her tablet.

Dot Mueller, Suite 487, was born, raised, and educated through college in Milwaukee, WI. She met her husband, John, while attending a church event. The pair moved to Winchester in 1967 and stayed to raise their 10 children (five daughters and five sons). After the youngest had entered high school, Dot worked as a secretary for Winchester High's Guidance and Athletic departments. She also remained involved in the community, serving as assistant treasurer at Jenks Center and volunteering at St. Mary's Church and Winchester Hospital. In her retirement, she enjoys listening to music, sewing, reading, and doing word puzzles.

Mary Wilde, Suite 286, was born at the former Choate Hospital and raised in North Woburn. She met her husband, Al, thanks to both their parents. The two couples were friends and agreed that their children would make a great match. They were correct: Mary and Al enjoyed more than 50 years of marriage, during which they had a pair of twin daughters. Mary made her career as an educator, spending 30 years teaching young children at Woburn's Hurd and Clapp schools. Sewing and reading are top among her many interests, and she cites Maine as her favorite travel destination.

We extend a warm welcome to **Helen, Dot, and Mary**.



FIND US ON FACEBOOK: Click on the logo to the left to find yourself, your friends, or your relatives in our posts. Come see what fun we have at [New Horizons at Choate!](#)



MERRY CHRISTMAS:

As we approach Christmas Day on **Saturday, December 25**, we share a couple of seasonal quotes:

"What is Christmas? It is tenderness for the past, courage for the present, hope for the future."

~*Agnes M. Pharo*

"Christmas is most truly Christmas when we celebrate it by giving the light of love to those who need it most."

~*Ruth Carter Stapleton*



HAPPY HANNUKAH:

The eight-day "Festival of Lights," begins at sundown on **Sunday, November 28**.

Eight candles represent the eight days during which the lamp of a rededicated Jewish temple miraculously stayed alight on just a single day's worth of sacred oil. A ninth candle is used to light the others. The observance dates back to the second century B.C.E., after a small band of Jews defeated the Greek army that had desecrated the temple.

CELEBRATING OUR VETERANS:

We were thrilled to honor our 18 resident veterans at a special luncheon. In attendance were Mayor **Scott Galvin**, Director of Veteran Services **Larry Guisepp**, and the guests of honor. Our veterans represent all branches of the military and served during World War II, the Korean War, and the Vietnam War.



[Donation Form](#)

STAFF APPRECIATION FUND: Each December, all New Horizons staff—except the four-member management team and the executive chef—benefit from the **Staff Appreciation Fund**. We are most thankful for the generosity shown by so many residents and families who have contributed already. Those still wishing to contribute may drop off donations at the Front Desk. Your holiday gift to this fund is the only occasion when any New Horizons staff member may receive a gratuity and will truly brighten the season for our dedicated team, which has provided exemplary service and care throughout the pandemic. Simply click the button to the left to **download** the donation form.

RESIDENT VIDEO: Marketing Intern **Samantha Puleo** directed residents in a video message of thanks to New Horizons' staff. Click on the image to play, or find it on [our Facebook page](#) or [Cummings Properties' YouTube channel](#). Featured residents include **Lillian Braudis**, **Ed Downing**, **Florence Fitzsimmons**, **Joe Keating**, **Wally Larsen**, **Rita Reagan**, and **Claire Scully**.

