



**New Horizons**  
**AT CHOATE**

*Independent and Assisted Living in Woburn, MA*

*Monthly Update*

*December 2018*



**NEW RESIDENT: Toula Wouralis, Suite 221**, was born and raised in Greece. At the age of 19, she came to America, where she met her husband, George. They were married in Boston and resided in Somerville for several years before settling in Lexington. The mother of three and grandmother to six, Toula worked as a seamstress for more than 30 years. Along with spending winters in Florida, she and George took trips in their RV and once spent seven months traveling across the country. We extend a warm welcome to Toula in her new home.

**NEW STAFF:** Please welcome **Alan Clarke** to our maintenance crew.

**CHRISTMAS DINNER:** The food service elves are busy planning a holiday dinner for residents and guests on **Tuesday, December 25** in Rumford Dining Room. This festive mid-day meal costs \$20 per guest and \$10 for children eight and younger. To assist in our preparations, please inform Dining Room Supervisor **Jenna Messina** by **Monday, December 17** if you will have any guests or if you expect to be out for dinner that day. To allow New Horizons' staff the opportunity to spend a portion of the Christmas holiday with their families, the evening meal will consist of Gourmet-to-Go parcels containing extra-special goodies.



**ANNUAL TREE LIGHTING:** The holidays are fast approaching! Ring in the season with our festive tree lighting in the living room on **Friday, November 30, at 6:30 PM**. This holiday favorite will feature musical entertainment by pianist **Mark Tavenner**.



**HOLIDAY OPEN HOUSE:** Join us on **Sunday, December 2, at 2:00 PM** for our ho-ho-holiday open house. Family and friends of all ages are invited to enjoy our famous make-your-own ice cream sundae bar, face painting, and crafts. Santa will make a special visit and pose for photos with residents and families. Come share the holiday spirit with us!



**CELEBRATING HANUKKAH:** The eight-day "Festival of Lights," or "Festival of Rededication," begins at sundown, **Sunday, December 2**. Residents of all faiths are welcome to join the daily **4:30 PM** menorah lighting ceremony in the third-floor living room. Eight candles represent the eight days during which the lamp of a rededicated Jewish Temple miraculously stayed alight on just a single day's worth of sacred oil. A ninth candle is used to light the others. The observance dates back to the second century B.C.E., after a small band of Jews defeated the Greek army that desecrated the Temple.

**STAFF APPRECIATION FUND:** Each December, all full and part-time staff of New Horizons—except the executive and associate directors, director of community relations, executive chef, and Winchester Home Care staff—participate in the Staff Appreciation Fund. Staff receive a proportionate share based on their annual number of hours worked. We sincerely appreciate the generosity shown by so many residents and families who have contributed already. For those still wishing to participate, please drop off donations at the Front Desk. Your holiday gift to this fund is the only occasion when any New Horizons staff may receive a gratuity and will truly help make the season bright for our dedicated team. Please speak with **Christine Coakley**, executive director, if you have any questions.

**THANK  
YOU**



**EVENT SCRAPBOOK:** New Horizons trustees Larry Guisepppe, Kathy Lucero, and Charlie Culhane, along with Rev. Al Everton and St. Charles School third-graders, participated in a special ceremony honoring our resident veterans (pictured at left) for their military service. *Front row: Bernie Walsh and Al Audette; second row: Frank McCall, Ed Hatch, Bob Peary, and Pat DeVasto; third row: Vinny Palumbo, Jim Sethares, Jim*

*Hurley, Sam D'Agostino, and Charlie Gazzara (not pictured: Nils Jonsson, Wally Larsen, Frank Matarese, Guy Mistretta, and Joe O'Keefe).* New Horizons residents enjoyed a fun-filled evening at the recent *Nightclub* event, when our community was transformed into a cabaret setting with live music, cocktails, hors d'oeuvres, and dancing. *Pictured at right: Pinky Samoiloff and Mary Gorman.*



**HOW ABOUT THOSE RED SOX!** Our residents never wavered in their belief that the hometown team would be victorious in yet another pennant race. A group known as "Red Sox Ladies" gathered for nearly every game throughout the season to cheer on their beloved team. This group, led by resident and "team captain" **Ann Awiszus**, knows all there is to know about the game, the players, the announcers, and the standings. Following the Red Sox's World Series win, these avid fans continued the celebration at a luncheon featuring Fenway fare.

*Pictured, from lower left, clockwise: Joan Sullivan, Charlotte O'Neil, Anna Cullen, Phyllis Martin, Peggy Calabresi, Sue Porter, staff member Marilyn Crampton, Maureen Copithorne, Gloria Cushing, Ginny Gimilaro, Ann Awiszus, Barbara Slattery, and Carolyn Sullivan.*



**IN MEMORIAM**







We are very saddened by the loss of resident **Charlie Dahill**. Our thoughts are with Eileen and their family and friends.



**DECORATIONS:** Residents are welcome to decorate their front doors with an item of seasonal, personal, or religious significance. Please note that natural trees and greenery are not permitted on the door or within the apartment, as they are considered fire hazards. Instead, please adorn doors and apartments with non-flammable decorations.

**STAFF APPRECIATION:** The annual staff holiday breakfast is scheduled for **Thursday, December 20, at 10:00 AM** in Rumford Dining Room. In keeping with tradition, residents are invited to present holiday fund checks to staff members. Residents should notify **Christine, Lisa, or Barbra** if they wish to participate.

**Mark Your Calendar!**

 <b>November 30</b>	Annual Holiday Tree Lighting	6:30 PM, 3rd Floor Living Room
 <b>December 2</b>	<b>Holiday Open House</b>	2:00–4:00 PM, Living and Dining Rooms
 <b>December 20</b>	Staff Appreciation Breakfast	10:00 AM, Rumford Dining Room
 <b>Dec 2–Dec 10</b>	Hanukkah/Lighting of Menorah	4:30 PM, 3rd Floor Living Room
 <b>December 25</b>	Christmas Day Dinner	Rumford Dining Room
 <b>December 31</b>	New Year's Eve Champagne Toast	6:30 PM, 3rd Floor Living Room

**Happy holiday wishes from the staff of New Horizons!**