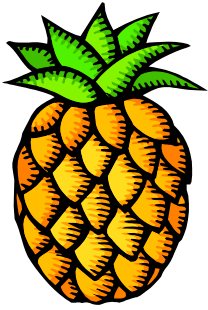




Independent and Assisted Living in Woburn, MA

Monthly Update

November 2020



NEW RESIDENTS: **Charlotte Gatewood, Suite 441**, is a U.S. Navy Veteran who served our country during the Korean War. A mother of two, she was born in Brockton and worked at Brockton Hospital as an executive secretary. She joins us from her home in Middleboro, where she resided for the last 19 years. Among her various interests are reading, walking, playing cards, and listening to music.

NEW STAFF: Hearthstone, the memory care unit that occupied a second-floor wing at New Horizons for more than 20 years, has closed. We are delighted that two former Hearthstone employees will be joining the New Horizons team: licensed practical nurse **Jack McDonough** and maintenance technician **Scott Tarr**.

We extend a warm welcome to **Charlotte, Jack, and Scott**.

Veterans Day

Honoring All Who Served



**SALUTING
OUR
VETERANS:**
**Monday,
November 11**
is Veterans
Day, a time
when we
proudly honor
and thank all

who have defended our great nation through service in the Army, Navy, Air Force, Marines, and Coast Guard. Please join us in saluting the 10 veterans who reside at New Horizons in recognition and honor of their service. **Al Audette, Sam D'Agostino, Peter Gailis, Charlotte Gatewood, Charlie Gazzara, Ed Hatch, Jim Hurley, Wally Larsen, Jim Murray, and Bernie Walsh:** We thank you for your service.



After nearly 28 years of making mouth-watering meals for the New Horizons community, chef **Phil Catanzano** will begin the next chapter of his life: Effective November 14, the culinary expert will retire. During his time at New Horizons, he has been an example of dedication and reliability, with a record of punctuality and attendance second to none. In his personal life, he receives the title of "best uncle ever" from his doting nieces. We wish all the best to Phil and extend our thanks for his impressive tenure and noteworthy culinary skills.

INDOOR VISITS AT NEW HORIZONS: In order to offer indoor visits safely and successfully, we ask you to make an appointment in advance. Visitors are welcome seven days a week, on the hour, **from 9:00 AM to 6:00 PM**. Please adhere to the limit of two guests per resident, and complete the questionnaire and a temperature reading upon arrival. All visitors must wear a face covering, perform hand hygiene before and after the visit, maintain at least six feet of social distancing, and remain in the designated visitation area. Enjoy your visit for up to 45 minutes, at which point staff will sanitize the area to prepare for the next scheduled visitors. Please note: For additional safety and for privacy, **one** group will be seated at a time in the designated area in our front living room. *Thank you!*

**New Horizons
AT CHOATE**

**VISITING
AREA**

Reserved for scheduled
appointments only



COMMUNITY DINING: (Left to right) Residents **Claire Scully, Florence Fitzsimmons, Ingrid Blackburn, Maria Alves, Barbara McCourt, and Rita Reagan** enjoy lunch together in a communal, but socially distanced, setting.



STAFF APPRECIATION FUND:

If you or your family would like to acknowledge the service, talent, and kindness shown throughout

the year by our amazing team, please consider a donation to the annual Staff Appreciation Fund. *Please note:* The four-member management team and the executive chef are excluded from the distribution. The fund is distributed to the staff in December, based on the number of hours each employee worked during the year. You may fill out the contribution form included with this month's mailing, or leave a sealed envelope at the Front Desk or with the director on duty. Your gifts are confidential, but will be acknowledged in writing. Donations to this fund routinely range from \$200 to \$500 and are divided among 125 staff members. *Thank you!*

DID YOU KNOW? Over the past few months, many residents have been enjoying virtual visits with their loved ones using Facetime, Zoom, and Skype, with the images projected onto their own TV screens. In fact, two residents recently used this technology to attend the weddings of family members. We encourage residents and their families to take advantage of virtual visits. Please contact staff at New Horizons to learn more or schedule a virtual visit.



THANKSGIVING DINNER: Our chefs are planning a delicious Thanksgiving dinner menu with turkey and all the trimmings, including mashed potatoes, spring peas, butternut squash, cranberry bread, and pumpkin and apple pies. To allow food service staff the opportunity to spend a portion of the holiday with their families, the day's evening supper will consist of Gourmet-to-Go parcels containing some extra-special goodies.



HELLO FROM THE COURTYARD: Our new Courtyard Suites wing has given residents access to a freshly renovated courtyard. Join residents (pictured above, left to right) **Florence Fitzsimmons, Toulia Wouralis, Carolyn Sullivan, and Charlie Gazzara** in enjoying this beautiful new amenity.



DAYLIGHT SAVING ENDS NOVEMBER 1. Turn watches and clocks *back* one hour before bed on **Saturday, October 31**, and enjoy an extra hour to socialize, read, or sleep on Sunday.

IN MEMORIAM:

We are very saddened by the loss of our residents **Agnes Carson and Frank Matarese**. Our thoughts are with their families and friends.

Mark Your Calendar!

October 31 Daylight Saving Time Ends
November 11 Veterans Day
November 26 Thanksgiving Day