Monthly Update | September 2025

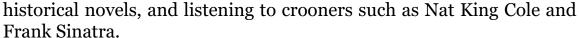


New Residents

Rose Dean, Suite 448 grew up in a family of 10 children, five girls and five boys. As a child, she lived in Everett, Medford, and Stoneham, and she graduated from Malden High School.

She worked at a beauty shop but her favorite job was as a nurse's aid in a local nursing home.

Rose is the proud mother of four, grandmother of seven, and greatgrandmother of four. In her spare time, she especially enjoys reading mystery and





Patricia Gay, Suite 370 has lived in Meredith, New Hampshire for the past 18 years. Like so many other residents, however, she was born right here in Woburn at the former Choate Hospital.

After graduation from Woburn High School, Pat worked at Record Wagon in finance, at Choate delivering meals, and at Bickford's in Burlington as a waitress, a job she particularly enjoyed.

This mother of three children lists England, Spain, and Bermuda among her top travel destinations. These days, she enjoys books on tape and likes to stay healthy by taking walks.

Ingrid Hirsch, Suite 348 joins us from her home in Summit, New Jersey to be closer to her son, who resides in Melrose.



Ingrid was born in Bochum, Germany and is a graduate of Humboldt University of Berlin. As a young woman, she came to America and has lived in such places as Indiana and New York.

Prior to her marriage, Ingrid worked at Bell Labs in New Jersey. When asked about her favorite places to visit, Ingrid replied "I loved to go everywhere." She recounts that she has had the pleasure of visiting many destinations in the States and Europe.





Carole Mills, Suite 244 is a lifelong Woburn resident. Upon graduation from Woburn High School, Carole trained to become a hairdresser.

She began her career in a few downtown Woburn shops, including the former Robert Newton Hair Care and Beauty Stylists. Back in the late 80s, Carole became the proud owner of her own shop, located on Pleasant Street.

This mother of two children has enjoyed travel to such places as Australia, Bermuda, and Niagara Falls. When not taking long walks, Carole can be found curled up with a mystery novel.

Joan Varoutsos, Suite 370, also a lifelong 'Woburnite,' was born right here at the former Choate Hospital. After graduating from Woburn High School, she attended the then Chandler School for Women, leading to a position at Tapley Insurance Company in Boston.

Upon marrying, Joan became a stay-athome mom. When her two children began school, she was offered a secretarial position with the School Department. She recalls that it was the ideal situation



because she had summers off and the same hours as her children.

A highlight of her career was being named Secretary of the Week which led to an on-air interview with radio personality Jess Cain.

Resident Photo Album

Resident Recognition



Resident **David McCarron** recently celebrated his 40th anniversary working for the U.S. Postal Service. From Tuesday to Saturday, we witness David heading off to the North Reading USPS facility for his 2-10 PM shift. Congratulations to David on his remarkable employment longevity and his noteworthy work ethic.

Pictured (above) are **David** and his mother, **Carole**, who have been residents at New Horizons in side-by-side apartments for more than four years.



MAKING MEMORIES

It was a happy day for our resident **Jerry Scalley** when he proudly introduced us to a few of his grandkids. Pictured (left) with Jerry are his granddaughter **Jessica** (center) and greatgrandchildren **Quinn** and **Delaney**.

Dates to Remember

Labor Day

Monday, September 1

Labor Day is a federal holiday celebrated on the first Monday in September to honor and recognize the American labor movement and the works and contributions of laborers to the



development and achievements of the United States.



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New Horizons at Choate | 21 Warren Ave | Woburn, MA 01801 US

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