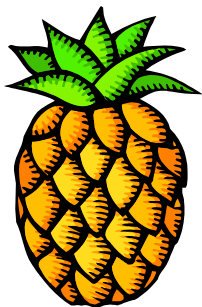




Independent and Assisted Living in Woburn, MA

Monthly Update

September 2020



**NEW RESIDENTS: Joy Draper, Suite 334**, is originally from Chesterfield, England and immigrated to America in her mid-20s. After first working for an insurance company, she began a more than 30-year career in medical billing at Winchester Hospital. Among Joy's many interests are knitting and playing cards. She has been fortunate to travel the world, and Alaska and Germany are two of her favorite destinations.

**Connie Lindquist, Suite 389**, joins us from her condo at Place Lane. Having grown up on a dairy farm in Augusta, Maine, she moved to Massachusetts when she married. She raised four children and worked as an executive secretary for several local companies. Connie enjoys reading, knitting, doing puzzles, and traveling. A favorite memory is her trip to visit her grandson in South Korea.

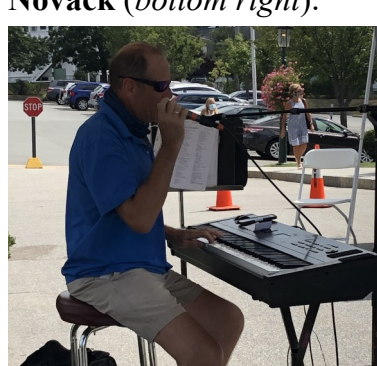
Lastly, we welcome **Yvette and Henri Galipeau, Suite 487**, the proud parents of six children. Yvette worked for a time for an electrical assembly firm, and now enjoys reading and doing crossword puzzles. Henri made a career as a senior purchasing agent at ITEK Corporation in Lexington. They have enjoyed traveling throughout the years and look forward to this new chapter in their lives.

**NEW STAFF: Christina (Tina) Beecher** will work at the front desk, and **Ricky Osgood** and **Jaden Simonds** have joined our Dining Room team.

*We extend a warm welcome to Joy, Connie, Yvette, Henri, Tina, Ricky, and Jaden.*



**LIVE MUSIC:** Pictured: (top row) residents **Barbara Gumuchian, Lew Pepe, and Janet Mercer**; (bottom row) **Elsie Fields, Laura Hogan, and Terry Smith** enjoy an outdoor performance by **Ray Novack** (bottom right).



## OUTDOOR VISITS

**UPDATE:** New Horizons has welcomed residents' families and friends for outdoor visits throughout the summer. With the increase in outdoor events, and the difficulties of scheduling a visit during evening mealtime and outside regular business hours, we may not always be able to accommodate visitor requests. Please be sure to schedule your visit in advance, with a limit of two visitors per resident at a time. Upon your visitors' arrival, we will explain the necessary protocol.



**EVENT SCRAPBOOK:** Pictured at a recent outdoor concert (*left to right, bottom row*): Residents Carolyn Sullivan, Janet Sethares, Peggy Donnelly, Sally Casey, Mary Gorman, and Florence Fitzsimmons enjoy the melodic stylings of Tom Smith (*top row, center*).



(*Bottom row, left*) Residents circle up and reach for the sky during a senior chair exercise class led by **Hilary Celentano** (*top left*). Pictured: (*bottom row, center*) **Babs Audette** and (*bottom row, right*) **Charlie Gazzara** work on strength, muscle tone, balance, and flexibility while taking part in this twice weekly outdoor activity.



### Mark Your Calendar!

September 1	MA State Primary Election
September 7	Labor Day
September 13	National Grandparents Day
September 22	First Day of Fall

**IN MEMORIAM:** We are very saddened by the passing of our resident, **Helen Gilmore**.

Our thoughts are with her family and friends.

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