

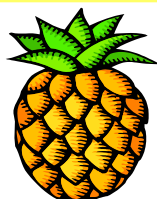


Independent and Assisted Living in Woburn, MA



Monthly Update

August 2021



NEW RESIDENTS: Leon Bernstein, Suite 275, was born and raised in the Bronx, where he attended the High School of Industrial Arts. After graduation, he served in the United States Army for four years and earned the rank of sergeant. He then made his career working for brokerage firms in New York City. Leon has two sons, and he volunteered as a scout master for Boys Scouts of America. He enjoys painting, collecting stamps, and being outside.

Pat Gorham, Suite 432, is originally from Central Square in Cambridge and moved to Woburn after her marriage. In addition to raising four children, she worked at Riverside Press and Crestview Plaza. Pat's hobbies include watching movies and taking walks, especially around Horn Pond.

Carolyn Parrish, Suite 280, is a life-long Woburnite. Born at Choate Hospital, she grew up in the Rag Rock area and graduated from Saint Charles School. Prior to having two sons, Carolyn worked as a flight attendant for United Airlines and, later, for Houghton Mifflin Book Company. In addition to art and music, she loves traveling, reading, and watching television.

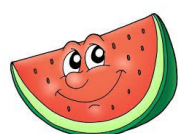
Dick Taylor, Suite 273, has lived in Medford for most of his life. After serving in the United States Coast Guard, he worked for the Boston and Maine Railroad and for Polaroid. This father of four boys was also a bus driver for Trailways of New England. Dick feels that travel is very important, and particularly enjoys ocean cruises. He counts Newfoundland as his favorite destination.

NEW STAFF: Liam Brennan, Brian Galindo, and Deborah McDonough have joined our Dining Room team.

We extend a warm welcome to Leon, Pat, Carolyn, Dick, Liam, Brian, and Deborah.



SMILES AROUND NEW HORIZONS: (pictured, left to right) Resident **Florence Fitzsimmons** bakes a batch of fresh cookies for her friends; residents **Peter Gailis, Sam D'Agostino, and Ed Downing** are all smiles in the main dining room.



FUN FACT: Watermelon is summer's most popular vegetable. It is part of the cucumber, pumpkin, and squash family. Wild watermelons originated in Africa. The first cookbook published in the U.S., in 1776, contained a recipe for watermelon rind pickles. The average American eats 15 pounds of watermelon a year, and these juicy favorites are 92 percent water.



LAZY DAYS OF SUMMER: (left to right, starting with top row) Residents **Tricia Kane** (left) and **John Shea** (second from right), who joined our community in May, show family members around the beautiful grounds; resident centenarian **Lillian Braudis** pals around with Cummings Foundation trustee **Dennis Clarke** during his recent visit to New Horizons; (bottom row) resident **Bill Staples** (right) enjoys some quality time with his family; residents **Phyllis O'Leary** and **Joy Draper** relax in the shade on the patio.



ANNIVERSARY MILESTONES: *Drum roll, please...* New Horizons marks its 31st anniversary in August 2021. In addition, we are delighted to recognize staff members **Bonnie Babin** and **Tricia Umstead**, who have both reached 10-year employment milestones. They will receive New Horizons' traditional rosewood and brass engraved carriage clocks.

Also celebrating significant milestones are **Gail Derby**, **Carolyn O'Connell**, and **Eileen Lloyd**, who have reached their 20-, 25-, and 30-year employment anniversaries at New Horizons.

Congratulations to all celebrating anniversaries this year!



IN MEMORIAM: We are very saddened by the passing of **Al Audette** and **Bernie Walsh**. Our thoughts are with their families and friends.

www.cummingsfoundation.org 781-932-8000 21 Warren Avenue, Woburn, MA 01801