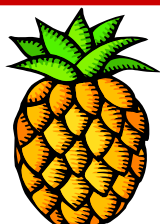




Independent and Assisted Living in Woburn, MA

Monthly Update

May 2021



**NEW RESIDENT: Mike Mullarkey, Suite 282**, is originally from County Sligo, Ireland, and immigrated to America in 1948. He served in the U.S. Air Force during the Korean War, and later settled in New York. This proud father of four enjoyed a 36-year career in telecommunications, working for Western Electric, AT&T, New York Telephone, and Verizon. Upon his retirement, he spent time traveling, biking, and simply relaxing. On behalf of the entire New Horizons community, we extend a very warm welcome to Mike.



**A BIRTHDAY PARADE:** Two-year New Horizons resident **Lillian Braudis** recently celebrated her 101st birthday with a drive-by parade and many flowers and gifts. Special guests included Mayor Scott Galvin, friends, reporters, and a camera crew from a local TV station. Lillian was in excellent spirits, and commented that New Horizons is her true home and a place where she has made many new friends. **Thank you for sharing your birthday with us, dear Lillian. You are such an inspiration!**

Below is a note from Lillian Braudis:

*To all my well-wishers on my March 28 birthday celebration:*

*I now know what it feels like to be "Queen for the Day!" Even though my reign was short-lived, I loved every minute of it. Sincerest thanks to the entire New Horizons community for all those good wishes and their participation in the celebration. I have very nice memories of my birthday celebration. Lillian*



**CHOOSE YOUR NEIGHBORS:** Thanks to our new "Courtyard Suites" wing, we can accommodate new independent and assisted living residents **without a waiting list** for the first time in decades! Residents and their family members can help us welcome new neighbors by referring a prospective resident. Once that person moves in, the resident will receive a thank you in the form of \$1,000 credited to his or her account.

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**FIND US ON FACEBOOK!** Click the logo to the left to find yourself, your friends, or relatives in our posts. See what fun we have at **New Horizons at Choate!**





**EVENTS SCRAPBOOK:** Pictured (*top left*) Front Desk Attendant **Julie Meaney** sets up residents and their families for Saturday indoor visits; (*middle left*) resident **Wally Larsen** enjoys a visit with his two sons, **Dave** and **Paul**; (*bottom left*) resident **Eileen Dahill** plays a game of cards with her daughter, **Claudia**; (*below*) resident **Maureen Copithorne** chats with her son, **Arthur**.



*A Mother's love is something that no one can explain,  
It is made of deep devotion and of sacrifice and pain,  
It is endless and unselfish and enduring come what may,  
For nothing can destroy it or take that love away.*



*Helen Steiner Rice*



Executive Chef **Rick Greene** held a very productive Food Service Meeting while planning the Spring/Summer menu. We are all excited to benefit from the valuable input shared by the more than 40 residents who attended the meeting. Pictured below, residents **Maureen Copithorne** (*left*) and **Phyllis O'Leary** (*right*) pose with **Rick**.



**Memorial Day**



have died while serving in our country's armed forces. We are grateful to all who have made the ultimate sacrifice to preserve the freedom of the American people.

**Memorial Day, Monday, May 31,** is a time to honor the courageous men and women who