



*Independent and Assisted Living in Woburn, MA*



## NEW RESIDENTS

**Charlie Allitto, Suite 223**, was born, raised, and educated in Boston. After graduating from High School of Commerce (later English High School), he began a 23-year stint with a local produce company. He later went into business for himself, opening a produce firm that he owned and operated for the next 22 years. Charlie concluded his career in the food service industry at Marriott, but did not retire altogether. To this day, he remains an active member of the local workforce as a Woburn crossing guard. Charlie enjoys spending time with his four daughters, Charlotte, Christine, Collette, and Corinne, and his extended family.

**Frank Okerholm, Suite 348**, grew up in Malden and graduated from Malden Catholic with the class of 1960. He studied electrical engineering at Northeastern University for two years before transferring to Automation Institute. While there, he honed his computer skills and was voted “most likely to succeed” by fellow classmates. Frank later met his wife at Revere Beach, and the pair went on to raise three children. He enjoyed a lively and varied career as an independent contractor, and fondly recalls the time he upgraded the Archdiocese’s computer system and delivered a presentation to 40 cardinals. Among his diverse interests are playing tennis, dancing, and listening to music, especially Led Zeppelin.

**Mary and Phil Pollard, Suite 420**, are lifelong locals. They join us now from their home of many years, which is just one block from New Horizons. Mary, a Woburn native, worked for the Mortgage Department at (the former) Woburn Five Cents Savings Bank shortly after graduating from high school. Winchester-born Phil followed high school graduation with three years of service in the U.S. Army. He later made his career working in the lumber business for such companies as Rex Lumber, Anderson & McQuaid, and Arlington Coal & Lumber. The parents of two daughters and two sons, Mary and Phil enjoy summers at Gloucester’s Long Beach.

**Jim Sheppard, Suite 485**, was born and bred in Somerville. At the age of 18, he joined the U.S. Navy, serving for three years before working on an Exxon oil tanker. He soon settled down to begin a family with his wife, Joan, with whom he had three sons and two daughters. Jim made his 35-year career driving 18-wheelers all over New England as a member of Teamsters Union Local 25. His hobbies include woodworking and birdwatching.

**Tahmina “Lucy” Zaman, Suite 434**, was born and raised in Dhaka, Bangladesh, where she attended (and then taught at) College of Home Economics. She and her husband of 45 years, Dr. Khashruzzaman Choudhury, immigrated to Boston in 1977 so that he could attend Harvard University’s Kennedy School of Government. The pair and their two children later moved to Syracuse, NY, where Lucy earned a master’s in Education from Syracuse University. She has published several works, including textbooks, short stories, poetry, and periodicals as well as a directory of Bangladeshi individuals living in the United States. Lucy enjoys writing and gardening as well as music, photography, and travel.

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## CENTENNIAL CELEBRATION

**Lillian Braudis'** quick wit, unfailing optimism, and engaging personality have so enhanced our community during the three years she has lived at New Horizons. We wish her the happiest of birthdays as she turned **102** on **March 28!**



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**PASSOVER** commemorates the Israelites’ liberation from slavery and subsequent exodus from Egypt more than 3,000 years ago. It begins this year at sundown on **Friday, April 15** and continues until sunset on Saturday, **April 23**. A special meal, known as a *seder*, is traditionally held on the the first and second evenings of the holiday, when participants come together to recount the story of Exodus while enjoying symbolic dishes. Happy Passover!

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# Resident Photo Album



Resident and photographer **Lucy Zaman** snapped this striking image.



**Phyllis O'Leary** and **Elsie Fields** enjoy a friendly game of cribbage.



**Cribbage Tournament:** (residents, l to r) **Charlotte Gatewood, Elsie Fields, Joe Keating, Sally Casey, Pat Barbaro, Bob Rochon, Phyllis O'Leary, Lib Knight, Wally Larsen, Peter Gailis, and Norm Zannino.**



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