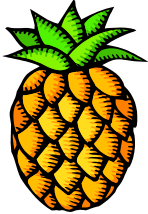




Independent and Assisted Living in Woburn, MA

Monthly Update

April 2021



**NEW RESIDENTS:** Dot Trites, Suite 286, holds the distinction of being the first resident to move to our new “Courtyard Suites” wing. The daughter of a military man, Dot moved frequently throughout her childhood. In fact, she attended 13 different schools during her first 12 years of education. Among her varied interests are traveling, reading, and watercolor painting.

**Marcella Cogan, Suite 420,** joins us from her long-time home in Winchester, where she raised two sons. She has strong ties to Woburn, including being born at Choate Hospital and having attended Saint Charles School. Marcella enjoyed a more than 20-year career at Tufts University, was an avid bowler, and embarked on at least 30 cruise ship vacations. These days, she really likes a good game of poker.

**NEW STAFF:** We are pleased to welcome new chef **Ernie Mayorga** and wellness team member **Carmella Joseph**.

**LILLIAN BRAUDIS TURNS 101:** Since Lillian joined New Horizons two years ago, we have fallen in love with her unfailing optimism, quick wit, and engaging personality. Happy birthday, dear Lillian, from all of us at New Horizons!



**PASSOVER**, or *Pesach*, commemorates the Israelite exodus from Egypt after their liberation from slavery more than 3,000 years ago. This year, it begins at sundown on **Saturday, March 27**, and continues through sunset on **Sunday, April 4**. A special meal, called a *seder*, is held on the first and second nights, with participants recounting the story of the Exodus while eating symbolic foods and drinking wine. Happy Passover!



Happy  
Pesach!!



*New Horizons wishes a very happy Easter to our residents, their families, and their friends!*

**COURTYARD COMMON AREAS:** (Below, left to right) Resident **Anna Cullen** enjoys a new book; residents **Sally Casey**, **Henri Galipeau**, and **Charlotte Gatewood** compete in a Cribbage tournament; and tournament semi-finalists **Pinky Samoiloff** and **Peter Gailis** face off for glory.



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**EVENTS SCRAPBOOK:** (Pictured, right) While on leave from the US Marine Corps, waitstaff member **Doug Lynch** (center) pays us a very welcome visit and shares a photo op with residents (and US military veterans) **Joe Keating** (left) and **Peter Gailis** (right); (below, left to right) residents **Barbara Slattery** and **Wally Larsen** enjoy some time with four-legged friend **Tucker**; and resident **Ruth Benedikt** tends to the tomato and herb plants in her impressive indoor garden.



**DINING ROOM:** The spring/summer home-cooked meal cycle begins **April 1**. The new menu features many seasonal favorites, such as lobster, as well as some new and exciting chef's choices.

**IN MEMORIAM:** We are very saddened by the passing of residents **Marie Giaimo** and **Lillian Capozzola**. Our thoughts are with their families and friends.

### Mark Your Calendar!

March 27	Passover begins
March 28	Lillian Braudis turns 101
March 28	Palm Sunday
April 4	Easter
April 4	Passover ends
April 19	Patriots' Day
April 22	<b>Earth Day</b>
May 2	Orthodox Easter



**INSURANCE:** Residents who joined our community after April of 2010 are required to carry renters' insurance, as outlined in their Residence Agreements. Other residents may wish to purchase this insurance to protect against losses from fire, flood, sprinkler discharge, theft, or personal liability (in the event someone is injured inside a resident's apartment). Most insurance agencies sell renters' insurance, which is typically available at a modest price.

**EARTH DAY:** On **April 22**, the world celebrates **Earth Day**, which serves as a reminder that the planet and its resources provide us with life and sustenance, and raises awareness of our collective responsibility to achieve balance among the economic, social, and environmental needs of present and future generations. At New Horizons, we strive to be eco-friendly *every day*. Residents can help in this effort by closing exterior windows during hot and cold weather, turning off lights when leaving their apartments, reporting running toilets, and recycling paper products. Thanks!