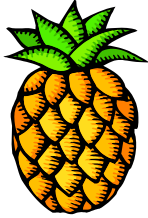




Independent and Assisted Living in Woburn, MA

Monthly Update

April 2018

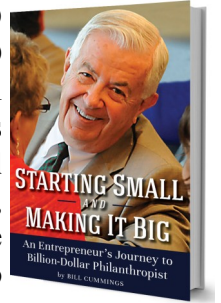


NEW RESIDENT: Betty Hulbert, Suite 384, was born in Louisiana, raised in Missouri and California, and moved to the East Coast when she married her husband, who was from Portland, Maine. Betty is the mother of eight children (six girls and two boys). She is an avid reader and enjoys word games like crossword puzzles and Scrabble. We extend a warm welcome to Betty in her new home.

NEW STAFF: Welcome **Elaine Nilsson** to the dining room crew.

FROM ENTREPRENEUR AND PHILANTHROPIST TO AUTHOR:

Did you know that Bill Cummings recently completed his memoir? "**Starting Small and Making It Big**" is available now, and includes a chapter on the establishment of New Horizons. To read a synopsis or purchase a copy (all proceeds go to charity!), visit the book's webpage: www.cummings.com/book.



EARTH DAY: On **April 22**, the world celebrates **Earth Day**. It serves as a reminder that the planet and its resources provide us with life and sustenance. It also raises public awareness of our collective responsibility to achieve balance among the economic, social, and environmental needs of present and future generations. At New Horizons, we strive to be eco-friendly *every* day. Residents can help in this effort to "go green" by closing exterior windows during hot and cold weather, turning off lights when going out, reporting running toilets, and recycling paper products. Thank you!

PASSOVER, or *Pesach*, commemorates the Israelite exodus from Egypt after their liberation from slavery more than 3,000 years ago. This year, it begins at sundown on **Friday, March 30**, and continues through sunset on **Saturday, April 7**. Within the eight-day holiday, a special meal, called a *seder*, is held on the first and second nights. Participants in the *seder* recount the story of the Exodus while eating symbolic foods and drinking wine. To celebrate the holiday, the dining rooms will feature traditional items, such as delicious matzah ball soup, alongside our regular fare. Happy Passover!



EASTER DINNER:

Please join us for our special home-cooked **Easter Dinner on April 1**. The menu will feature baked ham, lamb, hot cross buns, and a delicious dessert. Guest tickets cost \$20 per person, and \$10 for children under eight. To help us plan accordingly for guests, please make reservations with the Dining Room staff, or let us know if you will be enjoying Easter elsewhere. In order for our food service staff to spend a portion of the Easter holiday with their families, the evening meal on April 1 will be Gourmet-to-Go, containing extra-special goodies. We wish everyone a joyous Easter!

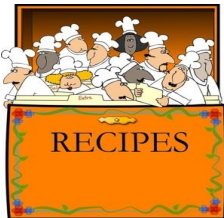


IN MEMORIAM: We are very saddened by the loss of resident **Bob Bolduc**. Our thoughts are with his family and friends.



DRESS FOR DINNER: New Horizons residents enjoyed a glamorous evening at the annual fancy dress dinner. This year's theme was "A Night in Old Havana," in celebration of Cuba's Habana Vieja area, which was declared an UNESCO World Heritage Site in 1982. New Horizons was festively decorated, and pianist Mark Tavenner provided live music. Residents were treated to Cuba Libre (rum and Coke with lime), along with a "delicioso" meal of coconut chicken skewers, prosciutto-wrapped melon, dressed cucumber salad, filet mignon, grilled shrimp, rice and beans, sweet Brussels sprouts, and coconut flan.

Pictured left: Residents (top) Liny Nieuweboer; (middle) Ruth Fry and Maureen Noble; (bottom) Carolyn Sullivan and Betty DeCaprio.



DINING ROOM: The spring/summer home-cooked meal cycle begins **April 1**. The new menu features many seasonal favorites, such as lobster, as well as some new and exciting chef's choices. Please join us for the semiannual Food Service Meeting on **Tuesday, March 27, at 9:30 AM** in Rumford Dining Room.

INSURANCE: Residents who joined our community after April 2010 are required to carry renters insurance, as outlined in their Residence Agreements. Other residents may wish to purchase this insurance to protect against losses from fire, flood, sprinkler discharge, theft, or personal liability in the event someone is injured inside a resident's apartment. Most insurance agencies sell renters insurance, which is typically modest in price.



Mark Your Calendar!

March 27	9:30 AM	Food Service Meeting	<i>Rumford Dining Room</i>
March 30		Passover	
March 30	1:15 PM	Casino Day	<i>Terrace Lounge</i>
April 1		Easter	
April 5	2 PM	Opening Day at Fenway Park	
April 9		Agnes Carson's 100 th birthday party	
April 16		Patriots' Day/Boston Marathon	
April 22		Earth Day	