

Monthly Update









COMMUNITY NEWS: (top, left to right) Residents Fran Strange, Maureen Copithorne, Sally Casey, Florence Fitzsimmons, Phyllis O'Leary, and Joe Keating enjoy a socially distanced card game in the new "Courtyard Suites" kitchen; (top right) Florence and Sally wave from another well-appointed Courtyard Suites common area; (middle) resident Maria Alves receives her second dose of the Pfizer COVID-19 vaccine; (bottom, left to right) residents Virginia DiMambro, Wally Larsen, Kathleen Sundberg, and Lillian Braudis are thrilled to be fully vaccinated.











EVENTS SCRAPBOOK: (*left to right*) resident **Thelma Meisse** joins her family for a virtual baby shower; residents **Claire Scully** and **Ruth Tully** raise a glass of bubbly with dinner on February 4 to toast a successful second COVID-19 vaccination clinic.

TAX INFORMATION: Massachusetts allows a deduction on personal income taxes to individuals who pay rent. Although New Horizons does not calculate monthly service fees in terms of proportionate costs for rent and services, a recent study of comparable area rental apartments indicates that a studio might rent for \$1,400 per month, a one-bedroom for \$1,800 per month, and a two-bedroom for \$2,000 per month. These estimated figures are for rent only, whereas New Horizons' monthly service fee also includes all utilities, three meals daily, housekeeping, linen service, activities and events, and multi-disciplinary team services. A maximum \$3,000 annual rent deduction is allowed (or \$1,500 if married, filing separately).

For Massachusetts tax tips, visit: www.mass.gov/dor/docs/dor/taxtips/seniors-retirees.pdf

For IRS Publication 502, Medical and Dental Expenses, visit: www.irs.gov/pub/irs-pdf/p502.pdf

It is likely that many residents will qualify for a rent deduction in Massachusetts and for medical deductions when receiving assisted living services. New Horizons recommends that residents discuss all tax matters with their accountant or lawyer to determine appropriate deductions.



WOMEN'S HISTORY MONTH:

The centennial anniversary of women's suffrage in the United States occurred in 2020. Because many celebrations were canceled due to the pandemic, last year's theme, "Valiant Women of the Vote: Refusing to Be Silenced," has been extended for an additional The National Women's vear. History Alliance encourages Americans to take this opportunity to honor the important roles played by multicultural suffragists and voting rights activists in the effort to secure this freedom.

March 14 Daylight Saving Time begins
March 17
♣ St. Patrick's Day ♣

March 20 First day of spring

March 28 Palm Sunday

April 4 Easter



DAYLIGHT SAVING TIME begins at 2:00 AM on **Sunday.**

March 14—a sure sign that spring is around the corner. Please remember to set your clocks one hour ahead before bedtime on **Saturday**, March 13.

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