



New Horizons
AT CHOATE

Independent and Assisted Living in Woburn, MA

Monthly Update

March 2020



NEW RESIDENTS: **Peg Donnelly, Suite 475**, is originally from Somerville, and later made her home in Arlington. A spiritual person, Peg is actively involved in church organizations. She has four daughters, 14 grandchildren, and one great-grandchild. For 28 years, Peg worked at Harvard University as an administrative assistant. Her retirement years have had her enjoying several cruises and time spent on Cape Cod and in Florida.

Barbara Faro, Suite 385, has two sons—Jim, who lives here in Woburn, and Joe, of Malden. Once her children were grown, Barbara returned to school to become an LPN and worked in the adult daycare program at St. John of God Hospital in Brighton. She has resided at The Villages in Florida for the past 14 years, a retirement community she chose for the golf courses. Barbara enjoys playing cards and reading.

We welcome *Peg* and *Barbara* to their new homes.

NEW STAFF: We are also pleased to welcome new kitchen staff member **Ponnudurai Vijey** and front desk attendant **Linda Bissett**.



WOMEN'S HISTORY MONTH: This year's theme, as selected by National Women's History Alliance, is "Valiant Women of the Vote." The theme honors the courageous and dedicated women who fought tirelessly for women's suffrage in America and those who continue to advocate for the voting rights of others.

ANOTHER RESIDENT TURNS 101: **Helen Higgins** (pictured below with her friend, Nancy), joined New Horizons 11 years ago. Happy 101st birthday, dear Helen, from all of us at New Horizons!



EVENTS SCRAPBOOK: Residents **Mary Gorman, Wally Larsen, and Phyllis D'Alelio** (right) are among those who enjoyed a spirited performance by **Singing Grandpops** of Arlington's **Retired Men's Club** (above).



Please "like" our Facebook page: www.facebook.com/NewHorizonsChoate to see more pictures.



DAYLIGHT SAVING TIME begins at 2:00 AM on **Sunday, March 8**—a sure sign that spring is around the corner. Please remember to set your clocks one hour ahead before bedtime on **Saturday, March 7**.



COOKING WITH A PRO: At the recent food demonstration in the main dining room, Executive Chef **Rick Greene** and resident **Ginny Gimilaro** prepared delicious *Italian pizzelles*.



CASINO DAY: Bring your good luck charms to our annual **Casino Day** on **Thursday, March 12, at 1:15 PM**. The event will feature a roulette table, a wheel game, and several blackjack tables. A group of volunteers and New Horizons employees will serve as dealers. All participants will receive free “funny money” that day, and residents may use their winnings to bid for prizes in an auction. Be sure to mark your calendars for this exciting event!

TAX INFORMATION: Massachusetts allows a deduction on personal income taxes to individuals who pay rent. Although New Horizons does not calculate monthly service fees in terms of proportionate costs for rent and services, a recent study of comparable area rental apartments indicates that a studio might rent for \$1,400 per month, a one-bedroom for \$1,800 per month, and a two-bedroom for \$2,000 per month. These estimated figures are for rent only, whereas New Horizons’ monthly service fee also includes all utilities, three meals daily, housekeeping, linen service, activities and events, and multi-disciplinary team services. A maximum \$3,000 *annual* rent deduction is allowed (or \$1,500 if married, filing separately).



For Massachusetts tax tips, visit: www.mass.gov/dor/docs/dor/taxtips/seniors-retirees.pdf
For IRS Publication 502, Medical and Dental Expenses, visit: www.irs.gov/pub/irs-pdf/p502.pdf

It is likely that many residents will qualify for a rent deduction in Massachusetts and for medical deductions when receiving assisted living services. New Horizons recommends that residents discuss all tax matters with their accountant or lawyer to determine appropriate deductions.

MARK YOUR CALENDAR!

February 27	Dress For Dinner: <i>New York, New York</i>
March 8	Daylight Saving Time begins
March 12	Casino Day in <i>Terrace Lounge</i> at 1:15 PM
March 17	♣ St. Patrick’s Day ♣
March 19	First Day of Spring
April 5	Palm Sunday
April 12	Easter

IN MEMORIAM:
 We are saddened by the death of **Yolanda Golini (1919-2020)**
 We will remember this fine lady fondly.