



Independent and Assisted Living in Woburn, MA



CHRISTMAS STOCKINGS

Many thanks to local **Girl Scout Troop 70238** for bringing good cheer (and festive footwear!) to our community. This thoughtful troop generously organized a holiday sock drive for our residents, who were delighted to receive the colorfully wrapped seasonal socks. Pictured, left to right, are residents **Alice Hawley, Toula Wouralis, and Maureen Copithorne.**



SANTA VISITS NEW HORIZONS

Our residents were so good this year, Santa brought smiles and candy canes to everybody on the nice list. Pictured with Saint Nick are, left to right, residents **Mae Tarleton and Ruth Tully.**



COMMUNITY INVOLVEMENT

Activities Assistant **Linda Champa** (pictured, center) coordinated cardmaking for **Ronald McDonald House Charities** around the country. **Joy Draper** (left) and **Florence Fitzsimmons** (right) are among the residents who helped decorate these lovely valentines.



NEW YEAR, NEW INFORMATION

The start of a new year is an opportune time to review and update the emergency instructions and legal documents you have on file at New Horizons. We encourage all residents to confirm that these directives contain the most current information. If you require assistance, please visit the Front Desk.

Resident Information Sheet: This form is used by emergency personnel in the event that a resident is transported to the emergency room. It includes emergency contact information, doctor's name, hospital of choice, and more. Although these sheets are maintained strictly as a courtesy, we encourage residents to notify New Horizons of any changes as they occur. To protect residents' privacy, the Resident Information Sheet does not contain any identifying medical insurance or Medicare membership information.

Healthcare Proxy: Is your agent still actively involved in your wellness? Is your alternate healthcare proxy still an appropriate backup? Does New Horizons have the name, email, and phone number of your agent so they may be reached in an emergency?

Power of Attorney: Is your choice still able to serve as power of attorney?



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