



Independent and Assisted Living in Woburn, MA



NEW RESIDENT

Jim McDonough, Suite 350, was raised in Winchester and joins us from his condo in Arlington. Prior to retiring, he spent nearly 40 years as a chef in the greater Boston area. This father of two sons is now also grandfather to two grandsons. He enjoys watching sports on television, especially all Bruins games. We extend a warm welcome to Jim in his new home!



THANK YOU! The generosity and goodwill shown through your donations to the Staff Appreciation Fund brought holiday cheer to New Horizons employees and their families. We extend our heartfelt gratitude to you all, and wish residents and their loved ones much happiness now and in the year to come.

Resident Photo Album



Chef **Lana Jurigian** (standing, left), dining room server **Monica Hunt** (bending, center), and activities assistant **Linda Champa** (standing, right) facilitated a Christmas cookie decorating class. Residents pictured, clockwise from front left: **Carolyn Parrish, Marie Price, Rhea Mandeville, Jim Sheppard, Lib Knight, Joy Draper, Ginny Gimilaro, and Maureen Copithorne.**

Resident Photo Album



Residents **Florence Fitzsimmons, Pauline Foley, Mary Gorman, Maureen Copithorne, Kathy Vallon, Carolyn Parrish, and Joy Draper** display the holiday sachets they crafted.

MARTIN LUTHER KING, JR. DAY: The third Monday in January commemorates the birth of Martin Luther King, Jr., who led the fight for civil rights through nonviolent activism, protesting racial discrimination in federal and state law. King was awarded the Nobel Peace Prize in 1964 at the age of 35, making him the youngest person to receive the honor at that time. The national holiday became law in 1983 and is observed in all 50 states, often in conjunction with a statewide Civil Rights Day. This year, we honor King and his legacy on **Monday, January 16**.

IN MEMORIAM: We are deeply saddened by the recent passing of residents **Walter Larsen, Rita Reagan, and Thelma Meisse**. Our community was brighter with their light. We wish their loved ones peace in the new year.



Visit the [New Horizons at Choate](#) Facebook page to see photos and updates from our community.