



Independent and Assisted Living in Woburn, MA



NEW RESIDENTS

Julie Dalton, Suite 471, was born and raised in Winchester alongside two sisters and a brother. After graduating from Winchester High School, she worked at the former Baybank in Woburn and attended Middlesex Community College. This mother of one—a daughter—made her career as an X-ray technician and clinical instructor at Winchester Hospital. Julie enjoys word search games and nature walks, especially around Lake Quannapowitt in Wakefield.

Don Pettit, Suite 341, was born in Miami and enjoyed the youth of an “Army brat,” moving from place to place until his family eventually settled in Staten Island, NY. A gifted scholar, he earned degrees from Amherst College, University of Vermont, and Vanderbilt University before pursuing a career as an orthopedic surgeon. This recent Gloucester transplant now returns to the area where his professional life began: Don’s office was right here on Warren Avenue, and he performed surgery at Choate Hospital.

Ellen Rowe, Suite 373, lived in Winthrop until age 10, when her family relocated to Arlington. She remained in Arlington through high school graduation, marriage, and child-rearing. A mother of four, she also worked for a family-owned printing firm in Boston, and later for the former New England Telephone and Telegraph Company. Ellen’s many interests include crafts, cards, and games—*particularly* Bingo.

We extend a warm welcome to Don, Ellen, and Julie.

INVESTING IN OUR COMMUNITY: As you may recall, New Horizons was the fortunate beneficiary of a major gift from **Tidd Home** (formerly **Home for Aged Women in Woburn**) upon that historic institution’s 2021 dissolution. This donation continues to fund assorted community improvement projects, including, most recently, the replacement of hallway carpeting with a more attractive, durable, and comfortable vinyl.



THANK YOU! The generosity and goodwill shown through your gifts to the Staff Appreciation Fund brought holiday cheer to New Horizons employees and their families. We extend our heartfelt gratitude to you all, and wish residents and their loved ones much happiness now and in the year to come.

Resident Photo Album



To mark the first night of Hanukkah, many residents attended a *celebration of lights* with readings, music, and conversation skillfully led by resident **Len Karoll**. Pictured above, at left: **Len Karoll** (center) with son-in-law **Stephen Quatrano** (left) and fellow resident **Leon Bernstein** (right).



New Horizons is merry and bright for the holidays, and residents have been spotted enjoying the festive atmosphere. Pictured above (clockwise, from top left): **Helen Carter** relaxes by the fireplace with a good book; **Toula Wouralis** poses with our Christmas tree after beautifully decorating it, as she has done in years past; and Community Relations Director **Barbra Graham** gushes over a photo slideshow of her grandson with resident **Maureen Noble**, also a grandmother (*and* a great-grandmother).

Dates to Remember

Martin Luther King, Jr. Day

Monday, January 15 - The third Monday in January commemorates the birth of Martin Luther King, Jr., who led the fight for civil rights through nonviolent activism, protesting racial discrimination in federal and state law. King was awarded the Nobel Peace Prize in 1964 at the age of 35, making him the youngest person to receive the honor at that time. The national holiday became law in 1983 and is observed in all 50 states, often in conjunction with a statewide Civil Rights Day.

New Year's Eve - Dublin, Ireland time zone:

Sunday, December 31 - Join your fellow residents in the living room at 7:00 PM for a New Year's champagne toast with music by **Mark Tavenner**.



Visit the [New Horizons at Choate](#) Facebook page to see photos and updates from our community.

New Horizons at Choate | 21 Warren Ave, Woburn, MA 01801

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