













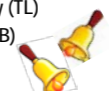



December 2018 NEW HORIZONS at CHOATE ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1						
 <p>Shorter days and longer nights More hearty stews and fewer salads Weather that can change your plans Traditions with friends and family Company of new friends More twinkling lights</p>		 <p>Winter Solstice</p> <p>This, the longest night of the year in the Northern Hemisphere, was a frightening & mysterious time. Long ago, people all over the world lit candles and bonfires to to coax the sun back.</p>	 <p>Hannukah</p> <p>The Festival of Lights commemorates the rededication of the Temple of Jerusalem following the Maccabean Revolt. Miraculously, one day's worth of oil burned for eight days.</p>	 <p>Holy Christmas</p> <p>"Christ's Mass," is a celebration of the birth of Jesus, the son of God, to Virgin Mary. A glorious star is said to have shone above the humble birthplace, leading worshippers to the child.</p>	 <p>Merry Christmas</p> <p>Santa Claus visits every child on Earth and delivers toys to the nice children and coal to those who were naughty. Yule logs and colorful lights on fir trees "make the season merry & bright"</p>	<p>9:00 Fitness DVD (B) 9:45 Coffee & Conversation (B) 10:15 Caring Canines (TL)</p>  <p>2:00 Movie (B) 2:30 Bingo (RDR) \$ 3:30 Hot Cocoa Social (LR)</p>  <p>6:45 Movie (WWL)</p>
2 3 4 5 6 7 8						
<p>9:00 Catholic Service (LR) 9:00 Protestant Serv. DVD (WWL) 9:30 Church Bus 2:00 Holiday Open House</p>  <p>4:25 Patriots vs Minnesota (WWL) 4:30 Light Menorah (LR) 6:30 Bingo with Giavanna (RDR) \$ 6:45 Movie (B)</p> <p>First Night of Hannukah</p> 	<p>Sandy's Barber Shop</p> <p>9:00 Exercise with Hilary (TL) 9:00 Fitness DVD (B) 9:00 <u>Christmas Tree Shop</u> 9:45 Wii Bowling (B) 9:45 Rummikub (Bridge) 11:00 & 12:15 Gin 3-13 (Bridge) 1:15 Bingo (RDR) \$ 2:30 Bingo (B) 2:30 Quiddler - on own (Bridge) 4:30 Light Menorah (LR) 6:30 <u>Woburn Historical Society</u> <i>Christmas Traditions in Boston</i> Speaker - Anthony Samarco at Woburn High School</p>	<p>Nina's Hair Salon</p> <p>9:00 Exercise with Hilary (TL) 9:00 Fitness DVD (B) 9:45 <u>Downtown Woburn</u> 9:00 On-Site Banking (Wellness) 9:45 Bingo (B) 9:45 Blackjack (DA) 11:00 Nail Painting (WWL) 11:00 & 12:15 Globe Xwords (DA) 1:15 Bingo (RDR) \$ 2:30 Crosswords (B) 4:30 Light Menorah (LR)</p>	<p>Nina's Hair Salon</p> <p>9:00 Fitness DVD (B) 9:45 <u>Woburn Mall Bus</u> 9:45 Rummikub (Bridge) 10:00 Catholic Service (B) 10:15 Knitting Group (WWL) 11:30 <u>Out to Lunch</u> Colonial Inn Concord 1:15 Pokeno (DA) \$ 2:15 Cooking Demonstration (RDR) 4:30 Light Menorah (LR)</p>  <p>6:30 Cub Scout Carolers (LR)</p>	<p>9:00 Exercise with Hilary (TL) 9:00 Fitness DVD (B) 9:45 Crosswords (B) 9:45 Phase 10 (Bridge) 9:45 <u>Enchanted Village</u> * <i>See the Downtown Boston Christmas Village now at Jordan's Furniture Avon</i> 11:00 Nail Painting (B) 11:00 & 12:15 Quiddler (Bridge) 1:15 Bingo (RDR) \$ 2:00 Movie (TLT) 2:30 Pokeno (B) 2:30 Texas Hold 'em (DA) 4:30 Light Menorah (LR) 7:00 Artist Guild (TL)</p>	<p>9:00 Yoga w/ Hilary (TL) 9:00 Fitness DVD (B) 9:45 Bowling (TL) 9:45 Pokeno (DA) 11:00 Chit Chat w/ Inez (B) 11:00 & 12:15 Spelling Bee (DA) 11:45 Word Games (B) 1:15 Bingo (RDR) \$ 1:30 <u>Crossroads with Target</u> * 2:00 Bocce (TL) 2:30 Bingo (B) 4:30 Light Menorah (LR) 6:45 Movie (WWL)</p>	<p>9:00 Fitness DVD (B) 9:45 Coffee & Conversation (B) 10:30 Wii Bowling (B) 2:00 Movie (B) 2:30 Bingo (RDR) \$ 3:30 Happy Hour (LR)</p>  <p>4:30 Light Menorah (LR) 6:45 Movie (WWL)</p>
9 10 11 12 13 14 15						
<p>9:00 Catholic Service (LR) 9:00 Christian Worship with Fred Erwin (TLT) 9:30 Church Bus 11:15 "Christmas Time" at Reagle</p>  <p>1:00 Patriots @ Miami (WWL) 2:00 Trivial Pursuit (Bridge) 2:00 Movie (B) 3:00 Resident Social (LR) 4:30 Light Menorah (LR) 6:30 Bingo with Giavanna (RDR) \$ 6:45 Movie (WWL)</p> <p>Last Night of Hannukah</p>	<p>9:00 Exercise with Hilary (TL) 9:00 Fitness DVD (B) 9:45 <u>Middlesex Mall</u> 9:45 Wii Bowling (B) 9:45 Rummikub (Bridge) 11:00 & 12:15 Gin 3-13 (Bridge) 1:15 Bingo (RDR) \$ 2:45 St. Charles St. Vincent de Paul Kids Visit (LR)</p>	<p>Nina's Hair Salon</p> <p>9:00 Exercise with Hilary (TL) 9:00 Fitness DVD (B) 9:45 <u>Downtown Woburn</u> 9:00 On-Site Banking (Wellness) 9:45 <u>Crafts</u> (TL) \$ 9:45 Blackjack (DA) 11:00 Nail Painting (WWL) 11:00 & 12:15 Hangman (DA) 1:15 Bingo (RDR) \$ 2:30 Resident Meeting (RDR)</p>  <p>6:30 Cub Scout Carolers (LR)</p>	<p>Nina's Hair Salon</p> <p>9:00 Meditation with Hilary (TL) 9:00 Fitness DVD (B) 9:45 <u>Woburn Mall Bus</u> 9:45 Rummikub (Bridge) 9:45 Knitting Group (WWL) 9:45 Armchair Travel (TLT) 11:00/ 12:15 Scattergories (DA) 2:00 Birthday Party (RDR) with Tony Malionek</p>  <p>6:45 Bingo with Emily (RDR) \$</p>	<p>9:00 Exercise with Hilary (TL) 9:00 Fitness DVD (B) 9:45 Crosswords (B) 9:45 Phase 10 (Bridge) 9:45 <u>Kohl's & Dollar Tree</u> * 11:00 Nail Painting (B) 11:00 & 12:15 Quiddler (Bridge) 1:15 Bingo (RDR) \$ 2:00 Movie (TLT) 2:30 Pokeno (B) 2:30 Texas Hold 'em (DA) 7:00 Artist Guild (TL)</p>	<p>9:00 Yoga w/ Hilary (TL) 9:00 Fitness DVD (B) 9:45 Bowling (TL) 9:45 SCAT (DA)</p>  <p>9:30 <u>Holiday Handbell Concert</u>* Hancock Church Lexington 11:00 Chit Chat w/ Inez (B) 11:00 & 12:15 Gin 3-13 (Bridge) 11:45 Word Games (B) 1:15 Bingo (RDR) \$ 2:00 Bocce (TL) 2:30 Bingo (B) 6:45 Movie (WWL)</p>	<p>9:00 Forever Fit (B) 9:45 Coffee & Conversation (B) 10:30 Wii Bowling (B) 2:00 Movie (B) 2:30 Merry Minstrels (TL)</p>  <p>3:30 Hot Cocoa Social (LR) 6:45 Movie (WWL)</p>

December 2018 NEW HORIZONS at CHOATE ACTIVITIES

SUNDAY 16	MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21	SATURDAY 22
<p>9:00 Protestant Serv. DVD (WWL) 10:35 Church Bus St. Eulalia's</p>  <p>1:30 <u>Out for a Ride*</u> 2:00 Trivial Pursuit (Bridge) 2:00 Movie (WWL) 3:00 Resident Social (LR) 4:25 Patriots @ Pittsburg (WWL) 6:30 Bingo with Giavanna (RDR) \$ 6:45 Movie (B)</p>	<p>9:00 Exercise Class (TL) 9:00 Fitness DVD (B) 9:45 <u>Target*</u> 9:45 Wii Bowling (B) 9:45 Rummikub (Bridge) 11:00 & 12:15 Gin 3-13 (Bridge) 1:15 Bingo (RDR) \$ 2:30 Bingo (B) 2:30 Quiddler - on own (Bridge) 6:30 <u>Christmas Lights Ride*</u> 6:45 Bingo with Emily (RDR) \$</p> 	<p>Nina's Hair Salon 9:00 Fitness DVD (B) 9:45 <u>Downtown Woburn*</u> 9:00 On-Site Banking (Wellness) 9:45 Bingo (B) 9:45 Blackjack (DA) 11:00 Nail Painting (WWL) 11:00 & 12:15 Globe Xwords (DA) 1:15 Bingo (RDR) \$ 2:30 Crosswords (B) 6:30 St. Vincent de Paul High School Carolers (LR)</p> 	<p>Nina's Hair Salon 9:00 Fitness DVD (B) 9:45 <u>Woburn Mall Bus*</u> 9:45 Rummikub (Bridge) 9:45 Knitting Group (WWL) 9:45 Armchair Travel (TLT) 11:00/ 12:15 Scattergories (DA) 1:15 Pokeno (TL) \$ 2:30 Bingo (B) 2:30 Catholic Mass with Fr. Antonio (TLT) 6:30 <u>Christmas Lights Ride*</u></p> 	<p>9:00 Exercise Class (TL) 9:00 Fitness DVD (B) 10:00 Staff Appreciation (RDR) 11:00 Nail Painting (B) 11:00 & 12:15 Quiddler (DA) 1:30 <u>Redstone*</u> 2:00 Pokeno (B) 2:30 Texas Hold 'em (DA) 3:30 Cocktail Party (LR)</p>  <p>6:30 Sounds of Grace (LR) 7:00 Artist Guild (TL)</p>	<p>9:00 Exercise Class (TL) 9:00 Fitness DVD (B) 9:45 Bowling (TL) 9:45 Pokeno (DA) \$ 11:00 Chit Chat w/ Inez (B) 11:00/ 12:15 Gin 3-13 (DA) 11:45 Word Games (B) 1:15 Bingo (RDR) \$ 1:30 <u>Woburn Mall*</u> 2:00 Bocce (TL) 2:30 Bingo (B) 6:45 Movie (WWL)</p> <p>Winter Solstice  First Day of Winter</p>	<p>9:00 Fitness DVD (B) 9:45 Coffee & Conversation (B) 10:30 Wii Bowling (B) 2:00 Movie (B) 2:30 Bingo (RDR) \$ 3:30 Happy Hour (LR)</p>  <p>6:45 Movie (WWL)</p>
23	24	25	26	27	28	29
<p>9:00 Catholic Service (LR) 9:00 Christian Worship with Fred Erwin (TLT) 9:30 Church Bus 1:00 Patriots vs Buffalo (WWL) 1:30 <u>Out for a Ride*</u> 2:00 Trivial Pursuit (Bridge) 2:00 Movie (B) 3:00 Resident Social (LR) 6:30 Bingo with Giavanna (RDR) \$ 6:45 Movie (WWL)</p>	<p>Nina's Hair Salon 9:00 Exercise Class (TL) 9:00 Fitness DVD (B) 9:45 <u>Walmart*</u> 9:45 Wii Bowling (B) 9:45 Rummikub (Bridge) 11:00 & 12:15 Gin 3-13 (Bridge) 1:15 Bingo (RDR) \$ 2:30 Bingo (B) 2:30 Quiddler - on own (Bridge)</p> 	<p>2:00 Holiday Movie (B) 2:00 Holiday Movie (WWL)</p> <p><i>Love YOURSELF a MERRY LITTLE Christmas</i></p> 	<p>Nina's Hair Salon 9:00 Fitness DVD (B) 9:45 <u>Woburn Mall Bus*</u> 9:45 Rummikub (Bridge) 9:45 Knitting Group (WWL) 11:00/ 12:15 Scattergories (DA) 1:15 Pokeno (DA) \$ 2:30 Bingo (B) 6:45 Bingo with Emily (RDR) \$</p>	<p>9:00 Exercise Class (TL) 9:00 Fitness DVD (B) 9:45 Crosswords (B) 9:45 Phase 10 (Bridge) 9:45 <u>Plainridge Park Casino*</u> 11:00 Nail Painting (B) 11:00 & 12:15 Quiddler (Bridge) 1:15 Bingo (RDR) \$ 2:00 Movie (TLT) 2:30 Pokeno (B) 2:30 Texas Hold 'em (DA) 7:00 Artist Guild (TL)</p>	<p>9:00 Exercise Class (TL) 9:00 Fitness DVD (B) 9:45 Bowling (TL) 9:45 SCAT (DA) 9:45 <u>Trader Joe's BB & B*</u> 11:00 Chit Chat w/ Inez (B) 11:00/ 12:15 Gin 3-13 (DA) 11:45 Word Games (B) 1:15 Bingo (RDR) \$ 2:00 Bocce (TL) 2:30 Bingo (B) 6:45 Movie (WWL)</p>	<p>9:00 Forever Fit (B) 9:45 Coffee & Conversation (B) 10:30 Wii Bowling (B) 2:00 Movie (B) 2:30 Binqo (RDR) \$</p>  <p>3:30 Hot Cocoa Social (LR) 6:45 Movie (WWL)</p>
30	31	<p>HAPPY BIRTHDAY</p> <p>Residents: Vinny Calumbo 12/2 Anna Cullen 12/4 Phyllis Martin 12/6 Isabel Hart 12/8 Jim Sethares 12/13 Bob Erwin 12/14 Barbara Hamilton 12/16 Bernie Walsh 12/21 Mary Gorman 12/26 Helene Donahue 12/28 Jo Jaconetti 12/30</p> <p>Staff: Tricia Umstead 12/4 Ryan Caulfield 12/5 Claubert Mailenbranche 12/5 Luther Thiogene 12/6 Kendy Dafinice 12/7 Katelyn Wackrow 12/7 Christine Coakley 12/9 Elizabeth Vago 12/17 Lisa Yarin 12/21 Michaela Desimone 12/22 Chantel Schenck 12/29 Rosemary Carpenter 12/29</p>		<p>Daily Word Games Available at Front Desk</p> <p>Quiddler Rummikub Chinese Checkers Cribbage Cards and more Available for use On the Bridge</p>	<p>The FRONT DESK can provide scheduling information for the Hair Salon and Foot Doctor</p>  <p>DINING ROOM direct line: 781-932-1181</p>	<p>Location Key</p> <p>B Baldwin DA RDR Alcove RDR Rumford Dining Room LR Living Room WWL 3rd Floor Library TL Terrace Lounge TLT Theater</p> <p>* Sign-up for the underlined activities outside the Wellness Office.</p>
<p>9:00 Catholic Service (LR) 9:00 Protestant Serv. DVD (WWL) 9:30 Church Bus 1:00 Patriots vs NY Jets (WWL) 1:30 <u>Out for a Ride*</u></p>  <p>2:00 Trivial Pursuit (Bridge) 2:00 Movie (B) 3:00 Resident Social (LR) 6:30 Bingo with Giavanna (RDR) \$ 6:45 Movie (WWL)</p>	<p>9:00 Exercise Class (TL) 9:00 Fitness DVD (B) 9:45 <u>Burlington Mall*</u> 9:45 Wii Bowling (B) 9:45 Rummikub (Bridge) 11:00 & 12:15 Gin 3-13 (Bridge) 1:15 Bingo (RDR) \$ 2:30 Bingo (B) 2:30 Quiddler - on own (Bridge) 6:30 Champagne Toast to the New Year in Dublin (LR)</p> 					